



HOTEL BALNEARI DE VALLFOGONA
Carretera del Balneari, s/n tel: 977 880 025
VALLFOGONA DE RIUCORB (Tarragona)

TREATMENTS (WITH STAY)

RHEUMATOLOGICAL TREATMENT

SERVICES INCLUDED:

- ✓ 8 days/7 nights stay on Full Board accommodation in confort or premium room.
- ✓ First health-care visit and follow-up
- ✓ Drinking mineral and medicinal spring water in accordance with medical prescription
- ✓ Treatment consists (except medical contraindications) in:
 - 6 hydrocinesitherapy sessions in the thermal pool.
 - 6 jet baths in the thermal pool.
 - 2 complete massages.
 - 2 vaporarium sessions (steam room).
 - 2 pressure showers.
 - 3 days with mud or paraffin wraps in the most affected areas (alternate days).

8 days / 7 nights

SEASON	COMFORT ROOM	PREMIUM ROOM	DOUBLE ROOM IN SINGLE USE
LOW	1018,00	1288,00	91,00
MID	1091,00	1223,00	91,00
HIGH	1125,00	1257,00	91,00

All the prices and supplements of "special treatments" are considered per person and the rate corresponding to the month with the highest number of days included in the stay will be applied.

(10% VAT included) (If there are variations during the year, these would affect the final price)

RESPIRATORY TREATMENT

SERVICES INCLUDED:

- ✓ 5 days/4 nights stay on Full Board accommodation in confort or premium room..
- ✓ First health-care visit and follow-up
- ✓ Drinking mineral and medicinal spring water in accordance with medical prescription
- ✓ Treatment consists (except medical contraindications) in:
 - 2 hydrocinesitherapy sessions in the thermal pool.
 - 3 inhalation or vibrasonic aerosol system Heyer.
 - 3 sessions (steam room).
 - 1 partial massage

5 days / 4 nights

SEASON	COMFORT ROOM	PREMIUM ROOM	DOUBLE ROOM IN SINGLE USE
LOW	577,00	650,00	48,00
MID	616,00	692,00	48,00
HIGH	633,00	709,00	48,00

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(10% VAT included) (If there are variations during the year, these would affect the final price)

TREATMENT FOR PSORIASIS

SERVICES INCLUDED:

- ✓ 8 days/7 nights or 5 days/4 nights stay on Full Board in confort or premium room.
- ✓ First health-care visit and follow-up
- ✓ Treatment consists (except medical contraindications) in:

8 DAYS / 7 NIGHTS

- 18 drinking mineral and medicinal spring water (3 daily)
- 3 services of pressure shower
- 3 services of hydro massage bathtub
- 6 applications of anti-psoriasis cold mud
- 6 lotions based on sulphurated water

5 DAYS / 4 NIGHTS

- 9 drinking mineral and medicinal water (3 daily)
- 1 service of jet shower
- 2 service of hydro massage bathtub
- 3 applications of anti-psoriasis cold mud
- 3 lotions based on sulphurated water

8 days / 7 nights

SEASON	COMFORT ROOM	PREMIUM ROOM	DOUBLE ROOM IN SINGLE USE
LOW	973,00	1103,00	100,00
MID	1052,00	1184,00	100,00
HIGH	1089,00	1220,00	100,00

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(10% VAT included) (If there are variations during the year, these would affect the final price)

5 days / 4 nights

SEASON	COMFORT ROOM	PREMIUM ROOM	DOUBLE ROOM IN SINGLE USE
LOW	560,00	635,00	63,00
MID	604,00	679,00	63,00
HIGH	627,00	703,00	63,00

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(10% VAT included) (If there are variations during the year, these would affect the final price)

WEEKEND RELAXING TREATMENT

SERVICES INCLUDED:

- ✓ 3 days/2 nights stay on Full Board accommodation in comfort or premium room
From: Friday at dinner To: Sunday lunch.
- ✓ Relaxing treatment consists in:
 - Health care visit
 - Drinking mineral and medicinal spring water in accordance with medical prescription
 - 2 simple bath in thermal pool
 - 2 bubble bath services
 - 1 vaporarium (steam room)
 - 1 jet shower.
 - 1 complete massage with essential oils to obtain a relaxing effect
 - Un hydro-relax

3 days / 2 nights

SEASON	COMFORT ROOM	PREMIUM ROOM	DOUBLE ROOM IN SINGLE USE
LOW	402,00	440,00	54,00
MID	428,00	466,00	54,00
HIGH	443,00	480,00	54,00

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(10% VAT included) (If there are variations during the year, these would affect the final price)

ANTI-STRESS TREATMENT (Sunday to Friday)

SERVICES INCLUDED:

- ✓ 2 days (1 night), 3 days (2 nights) or 6 days (5 nights) accommodation comfort or premium.
(from SUNDAY to FRIDAY) on Full Board accommodation comfort or premium.
- ✓ First health care visit and follow-up
- ✓ Drinking mineral & medicinal spring water in accordance with medical prescription

2 DAYS / 1 NIGHT

- 1 simple bath with bubbles or jets in the thermal pool
- 1 partial massage
- 1 hidro-relax

3 DAYS / 2 NIGHTS

CHECK-IN DINNER - CHECK-OUT LUNCH

- 2 hydromassage bathtub or 2 sessions of bubbles in thermal pool
- 1 jet shower
- 1 partial massage
- 2 vaporariums (steam room)
- 2 hidro-relax

6 DAYS / 5 NIGHTS

DEL DOMINGO CENA AL VIERNES ALMUERZO

- 4 hydromassage bathtub or 4 sessions of bubbles in thermal pool
- 2 jet showers
- 1 geominal therapy or 1 complete massage
- 4 hidrorelax
- 4 vaporariums (steam room)

2 days / 1 night

SEASON	COMFORT ROOM	PREMIUM ROOM	DOUBLE ROOM IN SINGLE USE
LOW	151,00	170,00	22,00
MID	162,00	181,00	22,00
HIGH	183,00	201,00	22,00

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(10% VAT included) (If there are variations during the year, these would affect the final price)

3 days / 2 nights

SEASON	COMFORT ROOM	PREMIUM ROOM	DOUBLE ROOM IN SINGLE USE
LOW	280,00	318,00	42,00
MID	322,00	361,00	42,00
HIGH	355,00	394,00	42,00

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(10% VAT included) (If there are variations during the year, these would affect the final price)

6 days / 5 nights

SEASON	COMFORT ROOM	PREMIUM ROOM	DOUBLE ROOM IN SINGLE USE
LOW	564,00	659,00	85,00
MID	644,00	739,00	85,00
HIGH	709,00	805,00	85,00

All the prices and supplements of "special treatments" are considered per person and the rate corresponding to the month with the highest number of days included in the stay will be applied.

(10% VAT included) (If there are variations during the year, these would affect the final price)

PROGRAM FOR THE BACK (from Monday to Friday)

SERVICES INCLUDED:

- ✓ Stay of FOUR NIGHTS in Full Board accommodation
- ✓ Health control
- ✓ Drinking mineral and medicinal spring water
- ✓ 4 simple bath in the thermal pool.
- ✓ 4 jets baths in thermal pool.
- ✓ 4 pressure shower
- ✓ 4 Vaporarium (steam room)
- ✓ 4 partial decontracting massage on the back
- ✓ 4 mud applications on the back

5 days / 4 nights

SEASON	COMFORT ROOM	PREMIUM ROOM	DOUBLE ROOM IN SINGLE USE
LOW	532,00	608,00	117,00
MID	633,00	708,00	117,00
HIGH	670,00	747,00	117,00

All the prices and supplements of "special treatments" are considered per person and the rate corresponding to the month with the highest number of days included in the stay will be applied.
(10% VAT included) (If there are variations during the year, these would affect the final price)

PROGRAM FOR TIRED LEGS (from Monday to Friday)

SERVICES INCLUDED:

- ✓ FOUR NIGHTS Stay with Full Board accommodation.
- ✓ Health control
- ✓ Drinking mineral and medicinal spring water
- ✓ 4 Simple baths in the thermal pool.
- ✓ 4 Bubble baths in the thermal pool
- ✓ 4 Circular showers
- ✓ 4 Foot bath
- ✓ 3 Lymphatic drains of the lower limbs of 40 minutes' duration
- ✓ 3 Press therapy of 20 minutes' duration

5 days / 4 nights

SEASON	COMFORT ROOM	PREMIUM ROOM	DOUBLE ROOM IN SINGLE USE
LOW	577,00	653,00	115,00
MID	675,00	753,00	115,00
HIGH	715,00	790,00	115,00

All the prices and supplements of "special treatments" are considered per person and the rate corresponding to the month with the highest number of days included in the stay will be applied.
(10% VAT included) (If there are variations during the year, these would affect the final price)

PROGRAM DETOX- ANTI-STRESS (3 or 5 Days)

Important to bring your medical documentation, analytical if you have it, and medication you are taking.

- First medical visit at the check-in, follow-up, and final medical evaluation.
- Drinking mineral and medicinal spring water daily
- Personalized diet according to medical/patient assessment
- Hydrotherapy treatments according to the thermal medical service.
- Therapies based on drainage therapies, massages and cutaneous detoxification
- Relaxation and breathing sessions
- Moderate physical exercise in contact with the nature
- Instructive talks about nutritional guidelines, lifestyle and nutritional complements to follow outside the centre

3 DAYS/2 NIGHTS PROGRAM on Full Board accommodation

1st DAY

- Medical control, personalized diet and talk and breathing instructions-sessions
- Drinking mineral and medicinal spring water.
- Bubbles or jets in thermal pool or jets in bathtub (when no medical contraindications)
- Jet shower.
- Vaporarium (steam room)
- Lymphatic drainage (40 minutes).

2nd DAY

- Drinking mineral and medicinal spring water
- Bubbles or jets in thermal pool or jets in bathtub
- Circular shower
- Vaporarium (steam room)
- Body peeling (20 minutes)
- Californian massage, geomineral therapy or haranic massage under medical prescription.

3rd DAY

- Medical control if the treatment finalise the 3rd day, nutrients prescription or follow-up in case of following your stay more days
- Drinking mineral and medicinal spring water
- Bubbles or jets in thermal pool or jets in bathtub
- Circular shower
- Vaporarium (steam room)

3 DAYS/2NIGHTS

- **TOTAL in PREMIUM ROOM: 604 €**
- **TOTAL in COMFORT ROOM: 560 €**
- **SPECIAL OFFER IN PREMIUM ROOM: 448 €**
- Lymphatic drainage 20 minutes and nutritive massage 1 hour (if the client decides to extend more days)
- Nourish your skin (1 hour and a half):...cherry therapy or chocolate therapy, chestnut therapy or Aloe-Vera according medical prescription

4th DAY

- Drinking mineral and medicinal spring water
- Bubbles or jets in thermal pool or jets in bathtub
- Circular shower
- Vaporarium (steam room)
- Application muds in areas where there are more concentration of toxins
- Nourish your skin (1 hour and a half): cherry therapy or chocolate therapy or chestnut o aloe-vera according medical prescription

5th DAY

- Medical visit. Assessment. Treatment to follow accompanied of nutrients
- Drinking mineral and medicinal spring water
- Bubbles or jets in thermal pool or jets in bathtub
- Circular shower
- Vaporarium (steam room)
- Lymphatic drainage 20 min
- Relieving massage 1 hour

5 DAYS/4 NIGHTS PROGRAM on Full Board accommodation

- **TOTAL in PREMIUM room: 1187 €**

- **TOTAL in COMFORT room: 1093 €**
- **SPECIAL OFFER IN PREMIUM room: 875 €**

If the client decides to extend more treatment it will be made for day:

- Medical assessment
- Drinking mineral and medicinal spring water
- Bubbles or jets in thermal pool or jets in bathtub
- Circular shower
- Vaporarium (steam room)
- Lymphatic drainage 40 minutes or Californian massage or Haranic or relieving massage or Nourish your skin according to medical prescription
- Muds

SINGLE DAYS

- **TOTAL in PREMIUM room: 289 €**
- **TOTAL in COMFORT room: 268 €**
- **PROPOSED PRICE in PREMIUM: 216 €**

WEIGHT LOSS PROGRAM – 3 and 5 days

Important to bring your medical documentation , analytics, and medication that you take

- ✓ First medical visit at the check-in, follow-up, and final medical evaluation.
- ✓ Drinking mineral and medicinal spring water daily
- ✓ Personalized diet according to medical/patient assessment
- ✓ Hydrotherapy treatments according to the thermal medical service.
- ✓ Therapies based on drainage therapies , massages and cutaneous detoxification
- ✓ Relaxation and breathing sessions
- ✓ Moderate physical exercise in contact with the nature
- ✓ Instructive talks about nutritional guidelines, lifestyle and nutritional complements to follow outside the centre

3 DAYS/2 NIGHTS PROGRAM on Full Board accommodation

1st DAY

(if you enter with lunch, your departure will be after breakfast; if you enter with dinner, your exit will be after lunch)

- Medical visit and all indications of the development of therapies and instructions
- Drinking mineral-medicinal spring water
- Pool of jets, bubbles and swan neck and/or jet bathtub, according to medical prescription
- Pressure shower
- Vaporarium (steam room)
- Body Peeling 20 minutes
- Manual lymphatic drainage 40 minutes

2nd DAY:

- Drinking mineral-medicinal spring water
- Pool with jets and bubbles or jets bathtub
- Circular shower
- Vaporarium (steam room)
- Seaweed wrap
- Massage anticellulite or firming according to medical prescription

3rd DAY :

- Medical visit if you finish treatment on day 3, prescription of nutrients or follow-up up in case you continue more days.
- Drinking mineral-medicinal spring water
- Pool with jets and bubbles or jet bathtub
- Pressure shower
- Vaporarium (steam room)

3 DAYS/2NIGHTS

- **TOTAL in PREMIUM room: 588 €**
- **TOTAL in COMFORT room: 551 €**
- **SPECIAL OFFER in PREMIUM room: 441 €**
- Manual lymphatic drainage of 40 minutes, if you continuous your stay and according to medical prescription
- Anticellulite or firming or chocolate therapy, if you stay continues and according to medical prescription

4th DAY:

- Drinking mineral and medicinal spring water
- Pool with jets and bubbles or jet bathtub
- Pressure shower
- Vaporarium (steam room)
- Manual lymphatic drainage 40 minutes

5th DAY:

- Medical visit and evaluation if treatment ends 5th day. Nutrients prescriptions
- Pool with jets and bubbles or jet bathtub
- Pressure shower
- Vaporarium (steam room)
- Manual lymphatic drainage 40 minutes or Nourish-skin according to medical prescription

PROGRAM OF 5 DAYS/4 NIGHTS on Full Board accommodation

- **TOTAL in PREMIUM ROOM: 1152 €**
- **TOTAL in COMFORT ROOM: 1083 €**
- **SPECIAL OFFER IN PREMIUM ROOM: 866 €**

INDIVIDUAL DAYS : If you wish to extend days of treatment you will be performed per day:

- Medical assessment
- Drinking mineral-medicinal spring water
- Pool of jets and bubbles or jet bathtub
- Pressure shower or circular shower
- Vaporarium (steam room)
- Manual lymphatic drainage of 40 minutes or Anticellulite or Firming or Californian or Haranic or Decontracturant massage.
- Muds
- **TOTAL in PREMIUM ROOM:(price per day: 288 €)**
- **TOTAL in COMFORT ROOM: (price per day: 266 €)**
- **SPECIAL OFFER LAUNCH 20% IN PREMIUM ROOM: 215 €**